

# COLLAGEN LIFT™

PARIS

Drink daily, glow naturally

**CLINICAL STUDIES  
AND RESULTS**



A collagen drink clinically proven to reduce wrinkles, improves elasticity and hydration of the skin.

## Dietary supplementation with specific collagen peptides has a body mass index-dependent beneficial effect on cellulite morphology

Michael Schunck,<sup>1</sup> Vivian Zague,<sup>2</sup> Steffen Oesser,<sup>1</sup> Ehrhardt Proksch

- *Journal of Medicinal Food*, 2015, 1-9

The results of the study demonstrated that a regular ingestion of BCP over a period of 6 months led to a clear improvement of the skin appearance in women suffering from moderate cellulite. Based on the current data, it can be concluded that a long-term therapy with orally administered BCP leads to an improvement of cellulite and has a positive impact on skin health.

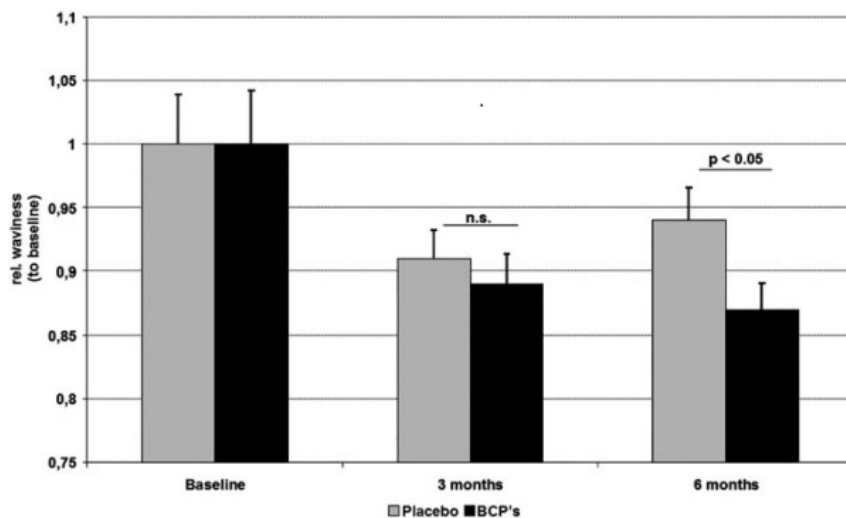


FIG. 1. Skin surface profile of tight skin before and after 3 and 6 months of oral supplementation with bioactive collagen peptide (BCP) or placebo, measured by PRIMOS<sup>®</sup> Pico. Skin waviness of thigh was statistically significantly decreased ( $P < 0.05$ ) after 6 months of BCP daily intake in the overall study subjects in comparison with placebo treatment (mean – standard error of mean, n.s. not statistically significant).

Full paper available on  
<https://www.ncbi.nlm.nih.gov/pubmed/26561784>

## Oral supplementation with specific bioactive collagen peptides improves nail growth and reduces symptoms of brittle nails.

Hexsel D, Zague V, Schunck M, Siega C, Camozzato F, Oesser S

*J Cosmet Dermatol*. 2017; 00:1-7. <https://doi.org/10.1011/jocd.12393>

A daily dosage of 2.5g VERISOL<sup>®</sup> for 6 months promoted an increase of up to 15% in nail growth and a decrease of frequency of cracked nails.

At the end of the study, 80% of participants agreed that the use of collagen had improved their nails' appearance and 75% perceived their nails to be stronger

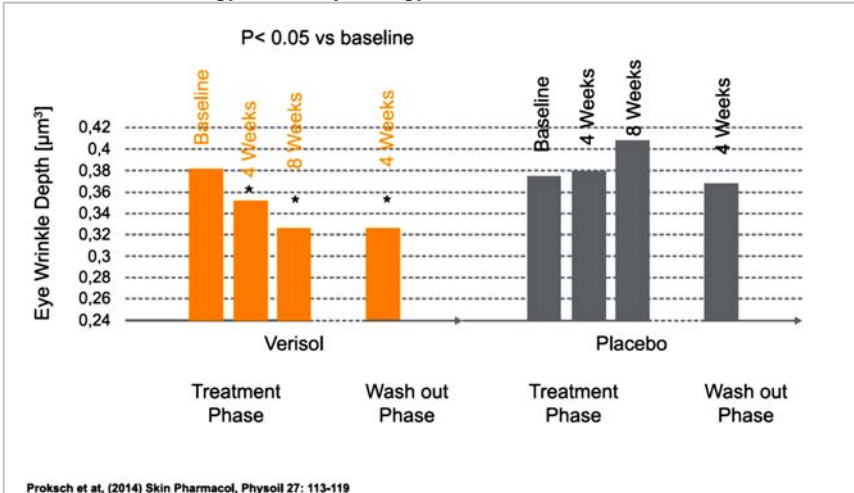


Exemplary pictures of participants before (t0) and after 12 wk (t12) of oral supplementation with bioactive collagen peptides (BCP). A. The distal portion of the nail plate showed a lamellar exfoliation into fine horizontal layers and triangular pieces could easily be torn from the free margin at baseline visit (t0). After 12 wk (t12) lamellar splitting improved notably. B. Isolated split at the free edge, which sometimes extended proximally, was visible at baseline visit (t0) and evidently attenuated after 12 wk (t12)

Full paper available on:  
<https://www.ncbi.nlm.nih.gov/pubmed/28786550>

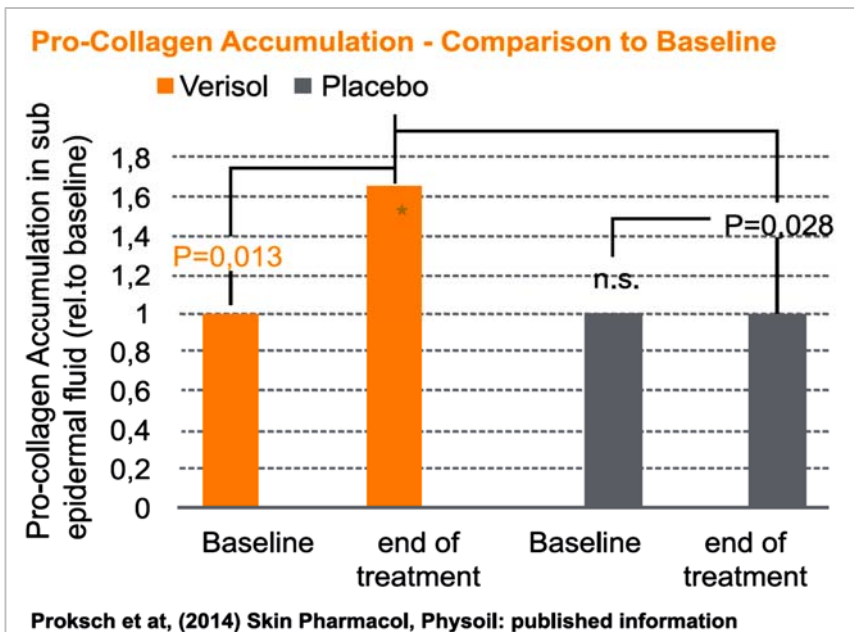
## Oral Intake of Specific Bioactive Collagen Peptides Reduces Skin Wrinkles and increases dermal matrix Synthesis

*Skin Pharmacology and Physiology 2014;27:113-110*



### EYE WRINKLE VOLUME:

After 8 weeks the Verisol® group showed an average decrease in wrinkle volume of 20% and a maximum reduction of 50%! 4 weeks after the final intake, the Verisol® group still showed a decrease in eye wrinkle volume showing the lasting effect of the product.



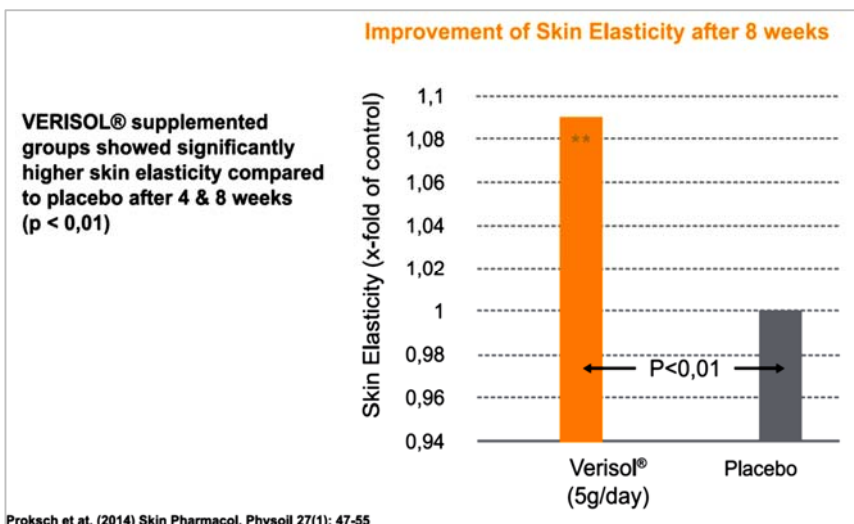
### COLLAGEN CONTENT

After 8 weeks of treatment the Verisol® Bioactive Collagen Peptides® group showed an increased collagen content of 65%, with elastin content having increased by 18% when compared with the control group.

Full paper available on: <https://www.ncbi.nlm.nih.gov/pubmed/24401291>

## Oral supplementation of specific collagen peptides has beneficial effects on human skin physiology: A double-blind, placebo-controlled study

*Skin Pharmacology and Physiology 2014;27::47-55y*

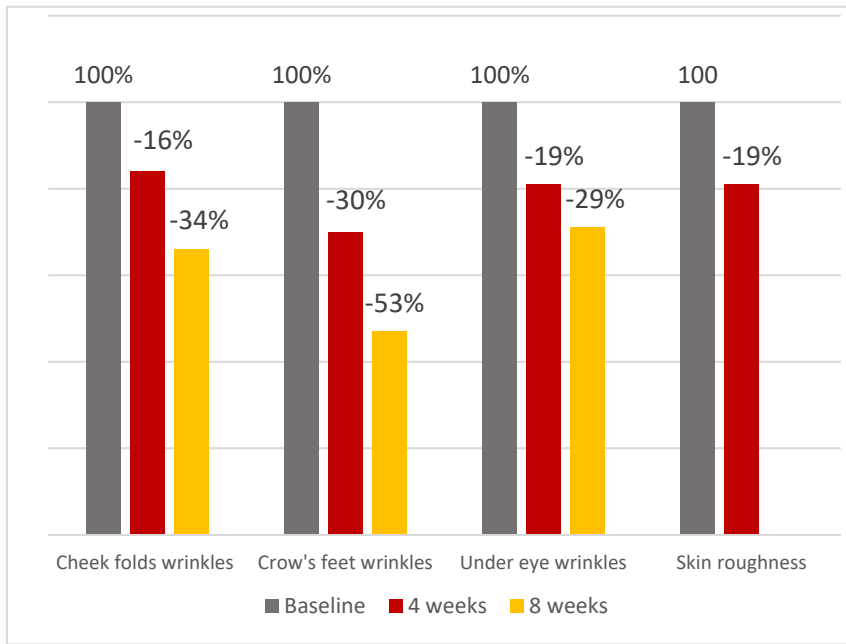


**ELASTICITY:** After 8 weeks the Verisol® group showed an average 7% increase in skin elasticity. In some subjects the increase in elasticity measured up to 30%.

98% of the Bioactive Collagen Peptide® group showed improved elasticity 4 weeks after intake – suggesting a long-lasting effect.

Full paper available on: <https://www.ncbi.nlm.nih.gov/pubmed/23949208>

**Evaluation of the efficacy of Collagen Lift™ Paris on human skin.**  
**CIDP Pte Ltd. Singapore May 2018**



An 8-week study was conducted in Singapore from February to April 2018 to evaluate the efficacy of Collagen Lift™ Paris on wrinkles, hydration and elasticity of the skin.

24 Chinese females aged between 35 to 59 years old were recruited into the study to receive a daily oral dose of 10ml of Collagen Lift™ Paris for 56 days.

**Exclusion criteria included:**

Pregnant or lactating women, subjects that has been using topical or systemic antibiotics, steroids, NSAIDs etc. medications; skin care supplements for the past 4 weeks. Subjects allergic to iodine, participants in other clinical study, as well as subjects who are taking collagen drink or have been taking collagen drinks in the past 3 months.

**Results:**

Based on clinical grading, significant improvements were observed from DO to D56 as follows:

- significant decrease in crow's feet wrinkles by 53%,
- cheek folds wrinkles decreased by 34%
- under eye wrinkles decreased by 9%
- Primos measurements showed skin roughness reduced by 19.4%

From the subjective questionnaire, 87% of participants are satisfied with Collagen Lift™ Paris on their wrinkles at 8 weeks,

At week 8, 48% of participants saw improvements in their cellulite.

At the end of week 4, 83% of participants agreed that the use of Collagen Lift™ Paris had improved their skin appearance and they saw smoother firmer and more radiant skin.

57% participants also saw improvements in their hair and nails at week 4.

**Conclusions:**

Based on clinical grading, measurement data from the Primos device and subjective questionnaire, the results of the study have shown clearly that a daily oral dose of Collagen Lift™ Paris is effective in reducing wrinkles, improves skin, nails, hair and cellulite.

Overall, results can be seen as fast as 4 weeks and over a longer period, oral intake of Collagen Lift Paris will provide a positive impact on the skin health.

